



## JRF Cycle Challenge

Join Jason on the bike and get involved raising funds while challenging yourself in one of Europe's bucket list destinations.

Sardinia's stunning vistas, quiet roads and favourable weather makes for a superb experience. This route goes North to South covering almost 400km over 3 days of cycling.

Dates 19th-23th Sep 2024

Cost: £1950 per person

Fund raise target: £2500 - £5000

## Dare to try

The package includes:

- 4 nights hotel based on 2 sharing (single supplement available £35pppn)
- All meals
- 3 ride days with briefings, ride leaders & vehicle support
- Return flights from London Gatwick and airport transfers (based on group arrival and departure times)
- Return bike transfer from UK or bike hire in Sardinia
- Exclusive ride jersey

Excludes:

- Insurance (travel & bike)
- Drinks / alcohol with meals

**Only 50 places available!**





## The Cycling

3 days of cycling from North to South Sardinia:

Day 1: Olbia to Dorgali

Day 2: Dorgali to Tortolì

Day 3: Tortolì to Villasimius

Experience level: As long as you get the training in, this challenge is open to all. 2 ride days are over 100km with over 1000m of climbing.

A decent road bike and cycling kit is a must.

We will provide training tips in the lead up to the event as well as online and live ride meet ups.

Extra challenges will be thrown in for fun!

## The Fundraising

A minimum target of £2500 with a stretch target of £5000.

This is one of our flagship events for the year with limited spaces available, so fundraising is an important aspect.

We work with children and young people in underprivileged areas of the UK. Through sport based activities, we deliver programmes that offer our participants the skills, knowledge, and confidence to make positive choices and improve their opportunities in life.

**Sign  
up  
now:**



All riders will receive a link to our Cycle Challenge Group Page where we will be posting more details over the coming months.